

How Trauma Affects Our Lives

August 2019



**Learn to Help
Learn to Heal**

HLTH 90C (CRN 76959)
Two Saturdays only: 8/24 & 8/31
from 10:10 am to 2:30 pm in MU 361
Ocean Campus of CCSF
@ 50 Frida Kahlo Way

INSTRUCTOR: IDA MCCRAY

TO REGISTER GO TO WWW.CCSF.EDU

OR GET AN ADD CODE IN MUB 353

OR SHOW UP FIRST DAY & ADD CLASS



City College of San Francisco

- ⇒ One-half unit in 9 hours of class time
- ⇒ Designed for students and working professionals
- ⇒ Counts toward the **Trauma Prevention & Recovery Certificate**
- ⇒ If you are not currently a CCSF student, enroll online first and then add the class.
- ⇒ Free to San Francisco Residents! Others: \$23 + fees.

Recommended by and for Our Children, Our Families Council of San Francisco

For more information on the Trauma Prevention & Recovery Certificate: <http://ccsf.edu/trauma>